



pilates classes

VICKERY

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------|---------------------|---------------------|---------------------|---------------------|---------------------|-------------------|
| | 7:00AM SIGNATURE | 7:00AM SIGNATURE | 7:00AM SIGNATURE | 7:00AM SIGNATURE | 7:00AM SIGNATURE | |
| 9AM SIGNATURE | 9AM SCULPT | 9AM SIGNATURE | 9AM SIGNATURE | 9AM SCULPT | 9AM SIGNATURE | 9AM SIGNATURE |
| 10AM SCULPT | 10AM SIGNATURE | 10AM SCULPT | 10AM SIGNATURE | 10AM SIGNATURE | 10AM SCULPT | 10AM SIGNATURE |
| 11AM SIGNATURE | | | | | | 11AM SIGNATURE |
| NOON SIGNATURE | NOON SIGNATURE | NOON SIGNATURE | NOON SIGNATURE | NOON SIGNATURE | NOON SIGNATURE | |
| | 5PM SIGNATURE | 4:30PM SIGNATURE | 5PM SIGNATURE | 4:30PM SIGNATURE | | |
| | 6PM SIGNATURE | 5:30PM STRETCH | 6PM SCULPT | 5:30PM SIGNATURE | | |
| | 7PM SCULPT | 6:30PM SIGNATURE | 7PM SIGNATURE | 6:30PM SCULPT | | |